

Meetings Check-Ups

| PRE-MEETING | IN-MEETING |
|---|---|
| <p>Define your objective (i.e. Why are you having the meeting?) and plan from there. Who needs to be there?</p> <ul style="list-style-type: none"> • Primary: Essential to achieve the objective? • Secondary: Important for information and/or development? <p>What's the agenda? Key Topics and at least the following for each topic:</p> <ul style="list-style-type: none"> • Lead person • Approximate time • Type of item e.g. Decision, Exploration¹, etc. <p>What's the best communication mode for the meeting? e.g. video call (required or optional video on?), phone call, etc.</p> <p>What needs to be done to be sure participants are prepared to achieve the meeting objective?</p> <ul style="list-style-type: none"> • Prepare and send pre-reading and/or questions for people to consider • Discuss with key individuals <p>(Limit presentation time in a meeting in which you want engagement)</p> <p>What roles can you share with others to engage them?</p> <ul style="list-style-type: none"> • Take minutes; track action items, responsibility, timing, etc.: find a check in/out question; etc. <p>When does meeting invitation need to be sent for adequate advance notice? With link to the communication mode, clear expectations about the pre-meeting prep, and any announcements (to preserve "in-meeting" time)</p> <p>Schedule meeting to end 10 minutes before the hour to allow for transitions between meetings.</p> | <p>Connect: Get everyone "into the room" by inviting them to speak e.g. check in²</p> <p>Focus: Review agenda. Ask for questions or additions.</p> <ul style="list-style-type: none"> • Only address announcements if they are sensitive and/or there are questions relevant to all <p>Share how to engage using technology e.g. with Zoom:</p> <ul style="list-style-type: none"> • <i>Raise hand</i> allows orderly process for speaking and to notice who you may need to call on to engage • <i>Q & A</i> for posting questions • <i>Whiteboard</i> or <i>Chat</i> - decision wording shared prior to decision • <i>Poll</i> to collect input and keep people engaged • <i>Unmute all</i> to create open exchange in small groups <p>Facilitate explicitly to engage:</p> <ul style="list-style-type: none"> • Go round: Ask each person to share • At transitions, "have we heard all perspectives", "are we ready to move on to the next topic", etc. • Take the group pulse regularly • Consider designating an observer: to send you private chat when they see something needing attention OR to participate openly to notice and query around hesitancy or undiscussables. • Break into small groups to increase energy. • Try to conclude 5-10 minutes before the 'adjourn time' to enable space between meetings <p>Wrap-Up and Next Steps Closing: Tap designated team member or use check out question (samples follow)</p> <p>Adjourn meeting formally (10 minutes before the hour) but let people know they can stay to connect informally i.e. leave link open 15-30 minutes.</p> |
| <p style="text-align: center;">POST- MEETING</p> <p>Distribute minutes and list of key decisions, action items including responsibility, date, etc. and Next Steps.</p> | |

¹ Exploration: Discuss areas on which group does not have consensus (following convergent phase of idea generation) in order to increase understanding before taking action.

² Check-in: see a sample of questions (<https://tinyurl.com/1b17q3sl>).